



NATIONAL  
**SPINE HEALTH**  
FOUNDATION

ANNUAL REPORT

**2023**

[SPINEHEALTH.ORG](https://spinehealth.org)

# REFLECTIONS FROM LEADERSHIP



**Rita Roy, MD**  
Chief Executive Officer

**2023** was transformational for NSHF. We experienced growth across every facet of our foundation, amplifying our impact on those we serve. The heartfelt stories from individuals who discovered hope and support within our Spinal Champion community highlight our mission's profound strength and reach.

I am honored to work alongside a dedicated and supportive Board of Directors. This year, our **leadership was strengthened with new Board Members:** Dr. Todd Albert, Dr. Lawrence Lenke, Dr. Rajiv Sethi, and Mr. Eric Major. Their expertise and vision are vital as we elevate our educational offerings and resources.

The passion of our staff is the driving force behind our mission. We were **elated to welcome Mr. Dave Poley as our new Executive Director.** With a 30-year med-tech career, Dave's leadership and steadfast commitment to excellence is crucial as we become the authoritative source for information and innovation.

Through strategic planning, we defined **four core content pillars:** Spine & Bone Health, Opioid, Pain & Spine Health, Motion Preservation, and Military & Veterans Spine Health. We proudly launched 9 engaging SpineTalks videos, shared 13 inspiring Spine Patient Champion stories on our 'Get Back To It' podcast series, and introduced several innovative wellness campaigns. These initiatives have provided knowledge and hope to millions who visited the **new spinehealth.org website**, reinforcing our mission to deliver accessible and reliable information.

**As we look forward to 2024,** I am grateful for the contributions that make our work possible. Together, **we will continue to deliver impactful educational programs that empower individuals and make spine health a national priority.**



**Dave Poley**  
Executive Director

It is with great pride and enthusiasm that I write to you as the new Executive Director. The past year has been transformative as we strengthened daily operations and forged vital partnerships. Our collaboration with industry leaders has enabled us to leverage cutting-edge technologies and resources, enhancing programs and initiatives. Our Medical and Scientific Board has guided our research and educational efforts. At the same time, our

coalition of healthcare professionals and the newly formed Leadership Council created a robust network supporting our mission of making spine health a national priority.

Despite challenges in navigating the rapidly changing healthcare landscape, we embraced innovation and adaptability. My background in the medical device industry has uniquely positioned me to integrate new technologies into our frameworks, ensuring our programs remain relevant and impactful. We have enhanced partnerships, expanded our coalition, and implemented innovative approaches to patient care information. Moving forward, our focus is on developing our educational programs, increasing advocacy efforts, and furthering our research initiatives. I extend my deepest gratitude to our supporters, partners, and the entire NSHF team for their unwavering dedication and support. Together, we will continue providing knowledge and hope to countless individuals and their families.



**Thomas Schuler, MD**  
Founder and Board Chair

As we move into 2024, I am filled with pride reflecting on the growth of the Foundation. What began over two decades ago as a vision to eliminate the stigma and fear surrounding spine health has blossomed into a nationally recognized authority, providing essential resources and hope to countless individuals. Our journey has been marked by significant milestones, expanding our programs and forging a solid network of experts through our Medical and Scientific Board.

In 2023, I was honored to assume the role of Board Chair, allowing me to continue our mission with renewed vigor. I extend my deepest gratitude to Brian Nault for his exceptional leadership as Board Chair over the past five years. Under his guidance, we made tremendous strides in expanding our educational outreach, funding research initiatives, and creating a strong philanthropic culture. These achievements reflect the unwavering support and belief in our mission demonstrated by our donors and supporters. Your contributions are crucial as we continue to ensure everyone has open access to the best spine healthcare information. Thank you for being integral to our journey toward a healthier future for all.

## NEW BOARD ADDITIONS

2023 introduced a new era of excellence at NSHF with the addition of three renowned doctors and a leading industry expert to the leadership team. With a combined 90-plus years of expertise, these specialists will help cultivate ideas necessary to advance patient care and ensure everyone has access to education and resources to navigate spinal health issues.

“I wholeheartedly support the National Spine Health Foundation because it stands as a beacon of trusted expert information at a critical moment in a patient’s life. When facing the fear and uncertainty of spinal health decisions, the Foundation provides the accurate guidance needed to make informed choices and find peace of mind.”

— **Todd Albert, MD**, *Scientific Committee Chair, Hospital for Special Surgery (New York, NY)*

“As a specialist treating both children and adults with spinal deformities, I’ve seen the transformative power of advanced care. Supporting the National Spine Health Foundation means investing in cutting-edge research and patient education that directly improves lives. Join us in fostering a future of hope and health for all spinal patients.”

— **Lawrence Lenke, MD**, *Columbia Orthopedics (New York, NY)*

“Supporting the National Spine Health Foundation means championing the incredible resilience of spinal patients. NSHF provides a trusted voice and essential guidance, empowering them to navigate their challenges and access the best care and pathways to recovery.”

— **Rajiv Sethi, MD**, *Medical and Scientific Board Chair, Virginia Mason Medical Center (Seattle, WA)*

“As a 30-year spine industry veteran, I support NSHF for its unparalleled dedication to patient education and advocacy. NSHF empowers individuals to transform their lives through knowledge and support.”

— **Eric Major**, *Fund Development Chair*



DR. ALBERT



DR. LENKE



DR. SETHI



ERIC MAJOR

# OUR MISSION, VITAL STATISTICS, AND PATHWAYS TO HELP

## EMPOWERING HOPE

As the preeminent patient-centered organization in spinal health care for patient education, treatment options, and prevention strategies, we are dedicated to providing knowledge and hope. We empower individuals with comprehensive resources to navigate their spine health journey, envisioning a world free from spine-related suffering where everyone can live without pain and limitations.



### ECONOMIC IMPACT

**\$635  
BILLION**

Costs the U.S. economy \$635 billion annually in direct and indirect costs.



### WORKFORCE IMPACT

**264  
MILLION**

264 million workdays lost annually.



### PREVALENCE

**540  
MILLION**

Globally, 540 million people suffer from back pain at any given time.

**80%  
OF AMERICANS**

80% of Americans will experience back pain in their lifetime.

*\*According to National Institutes of Health (NIH) and related resources (2023).*



## HOW WE ARE HELPING

**EDUCATION:** Empowering millions by providing open access to expert-informed information and guidance for informed decision making ensuring greater patient outcomes.

**RESEARCH:** Conducting unbiased, independent studies focused on determining optimal treatment modalities.

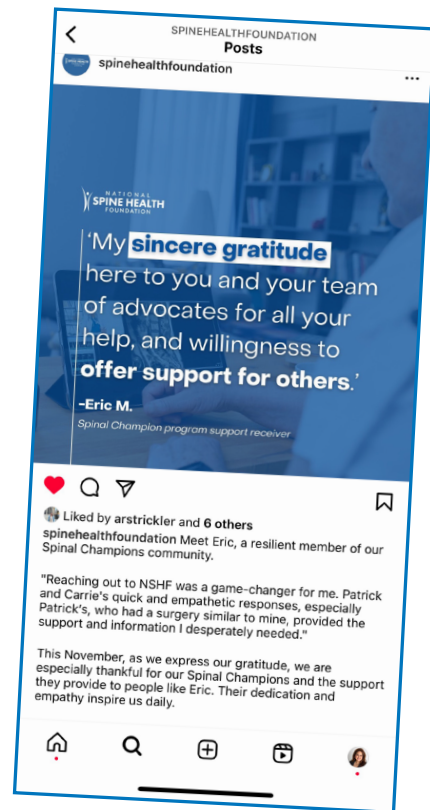
**ADVOCACY:** Elevating spine health to a national priority and increasing public awareness.



**ERIC M.** Overwhelmed by his spine health journey, Eric reached out to our community for guidance. Two incredible Spine Champion Advocates, Patrick and Carrie, responded quickly with empathy and information. Having undergone similar surgery, Patrick shared his journey, offering advice and hope. Their compassionate responses gave Eric solace and strength, transforming his fear into courage and anxiety into determination.



**BOBBI GIUDICELLI** a Spinal Champion Advocate. Bobbie overcame debilitating back pain and now enjoys a pain-free life with her family— “NSHF provided resources to help me find the right treatment and regain my life. Now, I am a Spinal Champion Advocate that helps others understand their spine health challenges. It’s about empowering people to reclaim their lives through knowledge and providing hope.”



## CREATING A PAIN-FREE FUTURE

In a shared decision-making healthcare landscape, knowledge is power. NSHF provides open access to essential information. By supporting our mission, you help create a world free from spine-related suffering, where everyone can live without pain and limitations. Join us in this life-changing movement.

[spinehealth.org/donate](https://spinehealth.org/donate)

# STRATEGIC DIRECTION AND TRANSFORMATIVE IMPACT

## TOGETHER FOR BETTER HEALTH

2023 set the stage for transformative efforts in spine health by identifying four key strategic pillars: Spine and Bone Health, Opioids, Pain and Spine Health, Motion Preservation Technology, and Military, Veterans and Spine Health. These pillars reflect our commitment to tackling significant public health challenges where our expertise can lead to meaningful improvements in patient outcomes.

To support the content pillars, the Spine Health Leadership Council (SHLC) was created. The SHLC brings the corporate sector together to advance our mission of providing spine patients with knowledge, hope, and better health.

## SPINE AND BONE HEALTH TASK FORCE

focused on educating the public on the connection between bone health and the spine.



## WITH GRATITUDE: CORPORATE PARTNERS

NSHF relies on our corporate partners to elevate our spine health mission. The 2023 establishment of the SHLC created new avenues for collaboration, innovation, and significant patient focused advancements.

### LEADERSHIP COUNCIL MEMBERS



### CORPORATE PARTNERS



American Real Estate Partners  
Cameron/McEvoy  
CENTURIA  
Colliers  
Convergent  
HUB Insurance

MERRILL  
Pinkston  
PR Run & Walk  
Reston Hospital Center  
Virginia Therapy and Fitness Center



# ACCOMPLISHMENTS AND ACTIVITIES

CHAMPIONING HEALTH by advancing patient education, raising awareness through impactful campaigns, and cultivating community spirit.

## NEW WEBSITE LAUNCH



## 13 PODCASTS



## 9 SPINE TALKS WEBINARS

**NEW Spine-Talks**  
UNPARALLELED ACCESS TO WORLD-CLASS EXPERTS

**DO NO HARM:**  
A Remarkable Conversation Between a Patient and Her Spine Surgeon

WATCH AT: [spinehealth.org](http://spinehealth.org)

FEATURING: LAWRENCE LENKE, MD  
PAT SCHULBERG  
RITA T. ROY, MD

**Spine-Talks**

**NEW UNDERSTANDING SPINE TUMORS**

FEATURING:  
LAURENCE D. RHINES, MD  
DANIEL M. SCHUBBA, MD  
THOMAS C. SCHULER, MD, FACS  
RITA T. ROY, MD

**NEW Spine-Talks**

**Understanding Low Back Pain**  
Conditions of the Lumbar Spine

FEATURING:  
WELLINGTON K. HSU, MD  
CARA SEDNEY, MD  
RITA T. ROY, MD

**NEW Spine-Talks**

**Frontiers in Treating Low Back Conditions**  
New and Emerging Therapeutic Options for the Lumbar Spine

FEATURING:  
BRUCE V. GARDEN, II, MD  
ZORICA BUSER, PHD, MBA  
THOMAS C. SCHULER, MD, FACS  
RITA T. ROY, MD

**Spine-Talks**  
UNPARALLELED ACCESS TO WORLD-CLASS EXPERTS

**SCOLIOSIS AWARENESS MONTH:**  
SHARING KNOWLEDGE AND CELEBRATING ADVANCES IN CARE!

FEATURING: DR. LAWRENCE LENKE, DR. SUKEN SHAH,  
MICHELLE MARKS, DR. RITA ROY

**NEW Spine-Talks**

**How to Find the Best Treatment for Me:**  
A TEAM APPROACH FOR OUTSTANDING RESULTS

FEATURING:  
RAJIV SETHI, MD  
DAVE BARBERG  
MICHELLE GILBERT, PA-C  
RITA ROY, MD

**NEW Spine-Talks**  
UNPARALLELED ACCESS TO WORLD-CLASS EXPERTS

**BREAKTHROUGH ADVANCES IN MODERN SPINE CARE**

FEATURING: DR. JOHN FINKENBERG, DR. ED DOHRING  
DR. THOMAS SCHULER, MR. ERIC MUEHLBAUER  
AND DR. RITA ROY

**NEW Spine-Talks**  
UNPARALLELED ACCESS TO WORLD-CLASS EXPERTS

**OSTEOPOROSIS AND YOUR SPINE: AN OVERVIEW**

FEATURING: DR. THOMAS SCHULER, DR. JOHN DIMAR  
DR. BRANDON CARLSON, DR. RITA ROY

**NEW Spine-Talks**  
UNPARALLELED ACCESS TO WORLD-CLASS EXPERTS

**PRACTICAL GUIDANCE FOR BONE HEALTH AND YOUR SPINE**

FEATURING: DR. THOMAS SCHULER, DR. VENU NEMANI,  
DR. RITA ROY



# AWARENESS CAMPAIGNS

## ● The Look Up Tech Neck Campaign:

- 349 outlets picked up press release
- 192 infographic downloads
- Social media:
  - +35,000 impressions
  - +2,600 engagements
  - +6,400 video views

## ● Spring Spine Health Challenge: Daily Fitness

## ● Spine Health Awareness:

- National Spine Health Awareness Month
- Osteoporosis Awareness Month
- Scoliosis Awareness Month
- Bone Health and your Spine

## ● Congressional Recognition

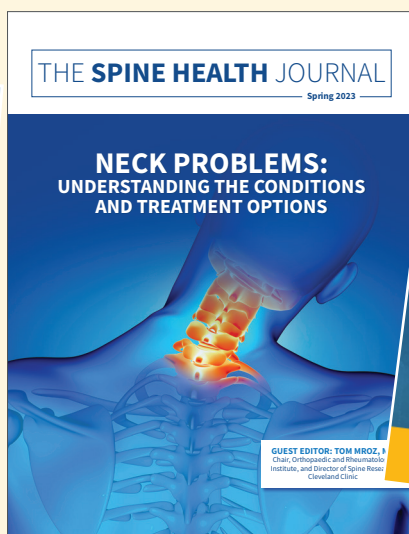


## WE'VE GOT YOUR BACK 5K FUN RUN & WALK:

Hundreds participated in the We've Got Your Back 5K, NSHF's signature event and the nation's largest celebration of healthy spines.



# 2 SPINE HEALTH JOURNALS



# TRANSFORMATIVE STRIDES

In 2023, NSHF made significant strides in spine health through award-winning educational content, strategic advocacy, and innovative research. NSHF has empowered patients and fostered collaborative advancements, reinforcing our commitment to excellence in spinal health education.

## EDUCATION EXCELLENCE THAT INSPIRES

Published 57 enlightening articles on various aspects of spine health, advancing knowledge, fostering understanding, and supporting informed decision-making. The articles are rich in detail and scope—from the latest surgical innovations to everyday wellness advice.

### AWARDS



Digital Health Award for **Spine-Talks: Do No Harm — A Remarkable Conversation Between a Patient and her Spine Surgeon & Outstanding Healthcare Website.**



eHealthcare Leadership Award for **Best Healthcare Content** and **Best Internet Home Page.**

## ADVOCACY ADVANCING COLLABORATIVE PARTNERSHIPS

We work with coalition members to amplify professional spine societies' leadership in advancing spine health. Our shared mission expands healthcare equity, advocating for better patient outcomes. We provide credible, award-winning content from physician experts. Our coalition addresses challenges like osteoporosis, opioids, while expanding global engagement.

### COALITION MEMBERS



### NSHF'S COALITION INVOLVEMENT: ADVANCING NATIONAL HEALTH INITIATIVES

NSHF represents spine through our interactions and participation in national coalitions in related fields — NIAMS, Coalition To Strengthen Bone Health, CDC Coalition, OsteoArthritis Action Alliance.

# 57 breakthrough articles in 2023!

## RESEARCH | GROUNDBREAKING ACHIEVEMENTS

We proudly showcase a year marked by groundbreaking spine research and global recognition. NSHF received **Best Paper** awards from the Global Spine Conference and the International Society for the Advancement of Spine Surgery.

### AWARD-WINNING STUDIES

- **90-Day Complication and Revision Surgery Rates Using Navigated Robotics in Thoracolumbar Spine Surgery** recognized for its innovative approach in robotic-assisted surgeries. Awarded by ISASS, International Society for the Advancement of Spine Surgery.
- **Augmented Reality-Assisted Spine Surgery** hailed for demonstrating exceptional safety and precision in the Global Spine Journal. Awarded by the Global Spine Journal.



### INFLUENTIAL PUBLICATIONS

- **Patient Expectations Impact Patient-Reported Outcomes and Satisfaction after Lumbar Fusion**, published in The Spine Journal.
- **Advances in Spine Surgery: Navigation, Robotics, and Augmented Reality**, featured in the Orthopedics Clinic of North America.
- Insightful analysis on **The Opioid Crisis as it Pertains to Spine Surgery** in J Spine Surg.

### NOTABLE CONFERENCE PRESENTATIONS

- **Enhanced Surgical Recovery for Thoracolumbar Spine Surgery** presented at the American Academy of Orthopaedic Surgeons, showcasing significant reductions in opioid use and hospital readmissions.
- **Anterior Cervical Hybrid Constructs Reduce Upper Adjacent Segment Hypermobility** compared to traditional surgeries, shared at the Global Spine Congress.





# INDUSTRY **IMPACT** AND FINANCIAL **INSIGHTS**

**ACTIVE INVOLVEMENT** at industry events reflects our commitment to serving as the national voice for patient-centric spine health. Participation in these forums broadens our reach and supports the mission.

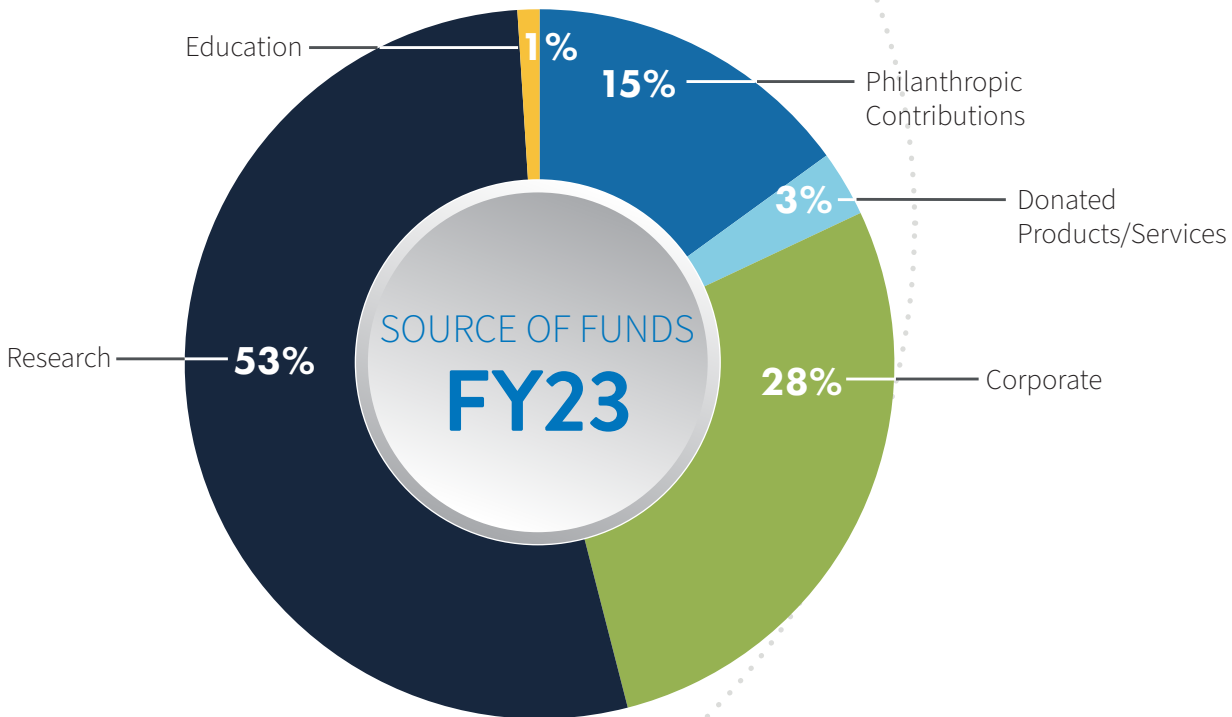
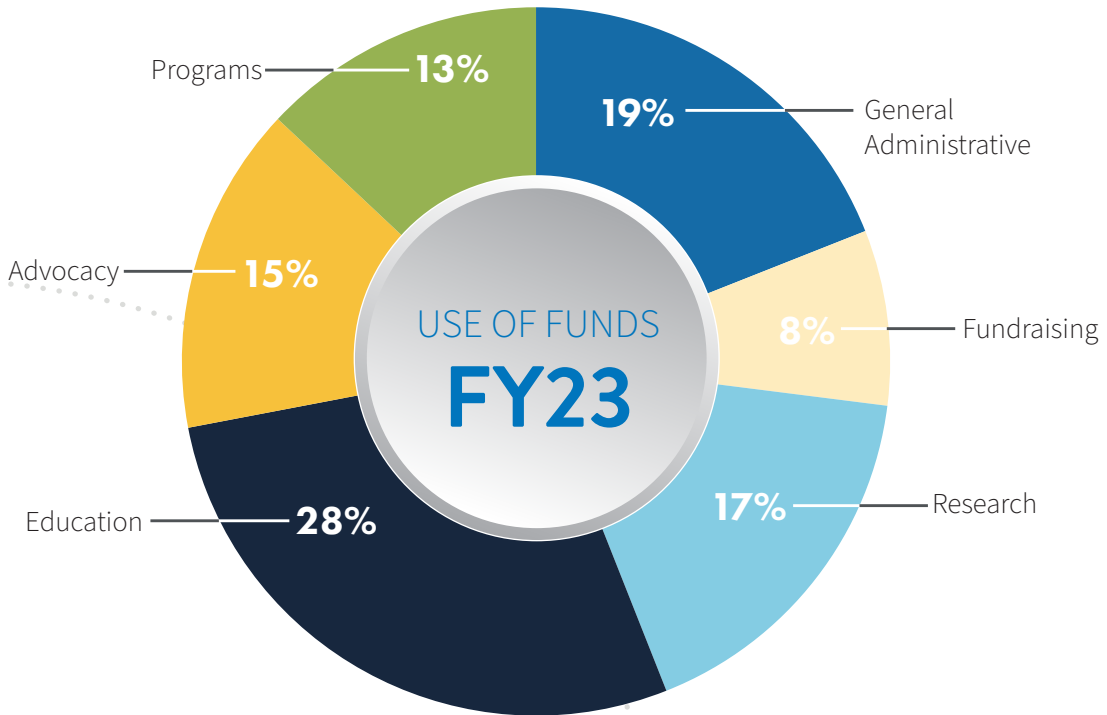
## ENGAGEMENT AT KEY INDUSTRY EVENTS:

AANS/CNS Section on Disorders of Spine and Peripheral Nerves  
American Academy of Orthopedic Surgeons Conference (AAOS)  
American Association of Neurological Surgeons Conference (AANS)  
Bone Health and Osteoporosis Foundation Congressional Advocacy  
Canadian Spine Society (CSS)  
Cervical Spine Research Society Annual Meeting  
Global Spine Congress Conference (GSC)  
International Meeting on Advanced Spine Techniques Conference (IMAST)  
International Society for the Advancement of Spine Surgery Conference (ISASS)  
Lumbar Spine Research Society Conference (LSRS)  
North American Spine Society Conference (NASS)  
Spine-20  
US Capitol for NIH HEAL Initiative





# FINANCIALS



# CELEBRATING OUR SUPPORTERS

**PARTNERS IN PROGRESS** contributions enable the development of essential resources that support patients, educate caregivers, and enhance awareness and innovation in spine health. Your unwavering dedication fuels our mission — we couldn't achieve this impact without you!

## BOARD OF DIRECTORS

### Officers



**Brian Nault**, Chairman  
AOC Applied Technologies Corporation



**Thomas Schuler, MD**, Founder & President  
Virginia Spine Institute



**Gordon Taylor, CPA**, Treasurer  
Virginia Spine Institute



**Jennifer Marron**, Secretary  
Activist/Community Leader

### Board Members



**Ray Pugsley**  
PR Run and Walk



**Edward Albers**  
Retired, Naval SEAL Officer



**Eric Major**  
Industry Entrepreneur



**Patrick Collins**  
Atlantic Coast Mortgage



**Christopher Good, MD**  
Virginia Spine Institute



**Jamie Harvey**  
PricewaterhouseCoopers



**Todd Albert, MD**  
Hospital for Special Surgery



**Larry Lenke, MD**  
Columbia Orthopedics

## MEDICAL AND SCIENTIFIC BOARD & SPINE AND BONE HEALTH TASK FORCE MEMBERS

Our Medical and Scientific Board members proudly support the NSHF. Their generosity drives our mission forward, embodies our core values, and champions our goals, showcasing their commitment to advancing spine health.

Visionary (\$10,000+)	Leader (\$2,500-\$9,999)	Champion (\$1,000-\$2,499)	Friend (\$100-\$999)
Todd Albert, MD Christopher Good, MD Larry Lenke, MD Thomas Schuler, MD	Neville Alleyne, MD Douglas Fox, MD Colin Haines, MD Ehsan Jazini, MD	Avery Buchholz, MD Bruce Darden, MD Richard Guyer, MD Todd Lanman, MD Steve Glassman, MD Sharad Rajpal, MD Patrick Sugrue, MD Alexander Vaccaro, MD	Scott Blumenthal, MD Edward Dohring, MD James Harrop, MD Serena Hu, MD Thomas Mroz, MD Martin Pham, MD Marjorie Wang, MD Michael Wang, MD

### ★ Members of the Spine and Bone Health Task Force

- Rajiv Sethi, MD (Chair)** - Seattle, WA
- Todd Albert, MD - New York, NY
- Neville Alleyne, MD - Oceanside, CA
- Neel Anand, MD - Los Angeles, CA
- ★ Paul Anderson, MD - Madison, WI
- Sigurd Berven, MD - San Francisco, CA
- Shay Bess, MD - Denver, CO
- Scott Blumenthal, MD - Plano, TX
- Avery Buchholz, MD - W. Columbia, SC
- ★ Brandon Carlson, MD - Kansas City, KS
- Dom Coric, MD - Charlotte, NC
- Bruce Darden, MD - Charlotte, NC
- Michael Daubs, MD - Las Vegas, NV
- ★ John Dimar, MD - Louisville, KY
- Edward Dohring, MD - Scottsdale, AZ
- ★ Benjamin Elder, MD - Rochester, MN
- John Finkenberg, MD - San Diego, CA
- Douglas Fox, MD - Austin, TX
- Zoher Ghogawala, MD - Burlington, MA
- Steve Glassman, MD - Louisville, KY
- Christopher Good, MD - Reston, VA
- Matthew Gornet, MD - St. Louis, MO
- Oren Gottfried, MD - Durham, NC
- Jeffrey Gum, MD - Louisville, KY
- Munish Gupta, MD - St. Louis, MO
- Richard Guyer, MD - Plano, TX
- Colin Haines, MD - Reston, VA
- James Harrop, MD - Philadelphia, PA
- Wellington Hsu, MD - Chicago, IL
- Serena Hu, MD - Redwood City, CA
- Ehsan Jazini, MD - Reston, VA
- Paul Jeffords, MD - Atlanta, GA
- Armen Khachatryan, MD - Salt Lake, UT

- Larry Khoo, MD - Honolulu, HI
- Leonard Kibuule, MD - South Lake, TX
- Todd Lanman, MD - Beverly Hills, CA
- Ron Lehman, MD - New York, NY
- Lawrence Lenke, MD - New York, NY
- Firoz Miyajani, MD - Vancouver, BC
- Camilo Molina, MD - St. Louis, MO
- Thomas Mroz, MD - Cleveland, OH
- Praveen Mummaneni, MD - San Fran, CA
- ★ Venu Nemani, MD - Seattle, WA
- Peter Newton, MD - San Diego, CA
- Martin Pham, MD - La Jolla, CA
- Frank Phillips, MD - Chicago, IL
- Kornelis Poelstra, MD - Las Vegas, NV
- John Pollina, MD - Buffalo, NY
- Greg Poulter, MD - Indianapolis, IN
- Sharad Rajpal, MD - Louisville, CO
- Laurence Rhines, MD - Houston, TX
- Amer Samdani, MD - Philadelphia, PA
- ★ Zeeshan Sardar, MD - New York, NY
- Rick Sasso, MD - Indianapolis, IN
- Thomas Schuler, MD - Reston, VA
- James Schwender, MD - Minneapolis, MN
- Dan Sciubba, MD - Great Neck, NY
- Christopher Shaffrey, MD - Durham, NC
- Suken Shah, MD - Wilmington, DE
- ★ Ganesh Shankar, MD - Boston, MA
- Patrick Sugrue, MD - Downer's Grove, IL
- Luis Tumialán, MD - Scottsdale, AZ
- Alex Vaccaro, MD - Philadelphia, PA
- Jeffrey Wang, MD - Los Angeles, CA
- Marjorie Wang, MD - Wauwatosa, WI
- Michael Wang, MD - Miami, FL
- Jack Zigler, MD - Plano, TX

We proudly honor our **LIFETIME GIVERS**, whose transformational gifts have driven our mission forward, impacted countless lives and supported countless initiatives:  
**GUY E. BEATTY TRUST: \$7.5 million and THOMAS SCHULER, MD: \$1.5 million**

**\$100,000 and above**

Medtronic  
UCB

**\$50,000-\$99,999**

Amgen  
Jamie and Adam Harvey  
Rita Roy, MD and Jon Merrill, MD

**\$25,000-\$49,999**

Aesculap  
Patrick Collins  
Globus Medical  
Jennifer Marron  
NuVasive  
Orthofix

**\$10,000-\$24,999**

AREP  
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Kevin Burke  
BlueWater Federal Solutions  
Centinel Spine  
William Evers, PhD  
Christopher Good, MD Innovasis, Inc.  
Ehsan Jazini, MD  
Lawrence Lenke, MD  
Sangeeta Narayan  
New River Systems  
Dave Poley  
Rajiv Sethi, MD  
Thomas Schuler, MD  
Tom Stanmeyer  
Tetra Tech, Inc

**\$5,000-\$9,999**

Neville Alleyne, MD  
American Real Estate Partner  
Niteesh Bharara  
Sheldon Buytenhuys  
Cameron McEvoy, PLLC  
Centuria Corporation  
Windi Grimes  
Colin Haines, MD  
Eric Major  
Brian Nault  
Ray Pugsley  
Reston Hospital Center  
Rina Shah  
Stryker  
Gordon Taylor  
Virginia Therapy & Fitness Center

**\$1,001-\$4,999**

Ames & Gough  
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Bruce Darden, MD  
Chris Douma  
Douglas Fox, MD  
Jeffrey Gum, MD  
Richard Guyer, MD  
Trisha Hines  
Serena Hu, MD  
Glenna Hundley  
The Insurance Exchange  
Michelle Mayer  
NeuroTexas, PLLC  
Thomas Nguyen  
Michelle Olson  
Sharad Rajpal, MD  
Steve Sanderson  
Simplify Medical, Inc.  
Deborah Todd  
Suzanne Youngkin

**\$1,000-\$501**

Brigitte Badro  
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Gautam Chandra  
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Tamara Glavor  
Steve Glassman, MD  
Catherine Gusmano  
Michelle Higgins  
Todd Lanman, MD  
Stephanie Lilley  
NeuroTexas, PLLC  
Proprio Inc.  
Kass Roger  
Robert Schuler  
PPatrick Sugrue, MD  
Brian Smernoff  
Alex Vaccaro, MD  
Vales Derbes Family Fund  
Cathy Williams

**\$500 and below**

Abbott Laboratories  
Meredith Alexander  
Mary Arguelles  
Brigitte Badro  
Rohini Bahl  
Julie Baron  
Matthew Battles  
Brenda Batts

Scott Blumenthal, MD  
Caitlin Bristow  
George Brooks  
Matthew Brown  
Brett Boerman  
Dana Boyd  
Michael Buchholz  
Frank Cammisia Jr. MD  
Cleared Solutions Inc.  
Janet Combs  
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Patricia Dellapietra  
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Kathleen Drescher  
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Charles Edwards  
Jose Escamilla  
Lisa Erkiletian  
Sam Easley  
Michael Furlong  
Fay Fink  
Todd Funk  
Guardian Dentistry of VA  
Eileen Garczynski  
William Glennon  
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Jeff Grabosky  
Sarah Griffin  
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Susan Harreld  
James Harrop, MD  
Vanessa Harvey  
Rebecca Helm  
Robert Higgins  
Ricky Hill  
Tim and Jill Holdsworth  
Deborah Hoshaw  
Carrie E Holl, PsyD Inc  
Audra Holcer  
Patti Hughes  
Anne Jenkins  
David Jones  
Marlyse Smith Jones  
Colleen Kelley  
Cameron Koch  
Michael Kotz  
Mary Kwart  
David Lee  
Catherine Libertazzi  
Lee Ann Lilley  
David Look

Lott Seed Farms  
Sarah Ludlow  
Cookie & Charlie Meglio  
Frederick and Britlan Malek Gift Fund  
of the Bank of America  
Carter and Boyce Matthews  
Sam Mauro  
Krista Moffat  
Glenna Miller  
Thomas Mroz, MD  
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Nordike Refinishing  
ONEHOPE  
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Principal Financial Group Foundation  
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Michael Proia  
James Reaume  
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Reyes Texas Construction  
David Reppert  
Cary Riggs  
Stephen Robinson  
Lily Ryan  
Pete Sanders  
Taryn Shaw  
Janet Shapiro  
Darroll Sheldon  
Sunity Sharma  
Catherine Simone  
Cindy & Jeff Smith  
Amphawan Soisak  
Kerry Stubbs  
Thomas Schuster  
Richard and Mouse Valcich  
Judith Venable  
Verna Velez  
Villas at Dames Park  
Lenore WalshMarjorie Wang, MD  
Michael Wang, MD  
Ben West  
Stan Wheeler  
Greg and Amber Williams  
Margaret Young  
Ahmad Yousuf  
Farhad Zaman  
Sarah Zumbrum

Past 3 years giving history (2021-2023). Information is accurate to the best of our knowledge at the time of printing. If you see an error, please contact us at [giving@spinehealth.org](mailto:giving@spinehealth.org)

# SHAPE THE FUTURE

SUPPORT SPINE HEALTH –

TOGETHER, WE TURN KNOWLEDGE INTO HOPE.

**EDUCATION:** Empower individuals with essential knowledge and life-changing information.

**COMMUNITY:** Provide a haven of support and solidarity for those navigating spinal conditions.

**RESEARCH:** Propel advancements in spinal treatments through patient-focused innovation.

**ADVOCACY:** Ensure spinal health remains at the forefront of national healthcare priorities.

*Thank you for believing in our mission.*

*\*NSHF is a 501(c)3 IRS designated public charity, EIN 55-0803996. All donations are tax deductible.*



Scan to  
donate. ↓

