



# Make a **Difference** Through Research

## About The Research Institute

The Research Institute offers enriching **internships** to highly motivated *high school and undergraduate students* interested in research, healthcare, and pre-medical fields.

## How to Apply

- 1** Download the application form, which can be found on our website at [spinehealth.org/the-research-institute/](https://spinehealth.org/the-research-institute/).
- 2** Send your **application**, **résumé** and a **cover letter** outlining your experience and goals to [spineonline@spinehealth.org](mailto:spineonline@spinehealth.org).
- 3** Once your submission is received, a member of our team will reach out to discuss next steps.

## What We Do for You

At the National Spine Health Foundation's Research Institute, you will be immersed in the current landscape of spinal health care including **best practices in research**, **patient consenting**, **database management**, **peer-reviewed publications**, and more. Additionally, we partner with [VSI](#) and [VSI Physical Therapy](#) to provide excellent **shadowing opportunities** tailored to your skills and areas of interest. While we do not offer paid positions, we are very happy to assist you with securing internship funding from your college or university.



### Time Commitment

We find that individuals who can commit **30 hours a week for 8 weeks** get the most out of their experience, but we are open to working with you on finding the best schedule.